

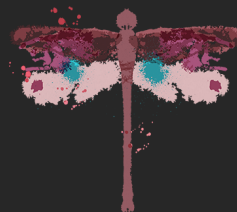


What to Wear Guide

Boudoir Edition

Boudoir Styling Guide

By Selina Kozub



Selina
photography

Let's Style Your Shoot

Regardless of what you read in this guide, the SINGLE MORE IMPORTANT THING to choosing your boudoir outfits, is that you are comfortable!

Don't confuse comfort with confidence, because seldom are we confident when we're down to our skivvy's, especially in front of the eyes of a stranger, so it's fine if you don't necessarily feel confident in what you're wearing- that's my job.

Your job is to make sure that you actually FIT into what you're wearing. I would rather something be a little big, than too small. *Bigger is better.*

I will move the clothes and seams to exactly where I need them to be, I just need you to be comfortable in it.





It's all you.

you don't need to have expensive lingerie. I want your outfit choice to reflect your personality.

Tom boy?

I can make anything sexy, from Stranger Things pajamas, to a pant suit, wear what reflects YOU.

Feminine?

I LOVE lacy & strappy outfits, just be mindful how long it takes you to get in and out of (we're limited in time!)

Hippy?

Feel free to be fully nude.



Accessories

Feel free to bring any accessories that you'd like to incorporate into the photos.

Fun things like crops or whips if that's your style, scarves, your partners belt, tie, or button up shirts are all fun options. You don't need shoes for the session but if you have some fun shoes that you'd like to use, feel free to bring those as well.

What We Don't Want

As amazing as fishnets and stockings seem, they're not the best option for my boudoir sessions. They are VERY hard to recreate when editing, so if you have any bruises, blemishes, tan lines, etc. I won't be able to fix those underneath fishnet stockings. They can also be difficult to get into, so if you happen to rip them getting dressed, I cannot fix the hole in post work.

Fishnets also leave nice little checkered lines all over your legs once we're done with that outfit if you change, which would also be more than I could fix in editing.

Keep in mind when choosing bright red/orange outfits/accessories, because everyone likes to look sunkissed so I usually bring up the warmth in my images, which will turn your bright red/orange outfits much more orange/yellow. What you wear can also colour cast onto the skin of your face, which is less than ideal. Dark reds are the best reds!



Hair & Makeup

If you do not do your hair & makeup done, fantastic! All I ask is your hair is clean and dry, and if your skin is more on the oily side, a light foundation to clean up the light glare.

I didn't get my makeup professionally done for the first time until my late 20's and now I am in love with the feeling!

It's cliché but confidence is the SEXIEST thing you can wear. I am the professional on this topic and I can tell you that I can make a paper bag look sexy if you're feeling yourself in it! How sexy you look & feel in the photos is 100% reflective on how confident I am making you feel in the moment. That's why I am so proud of my hype girl skills!

Getting your hair and makeup done will be the perfect finishing touch. It will highlight your already gorgeous features, but most importantly to me, it will even out the coverage on your face, which makes the biggest difference in the photos. You can get a completely natural makeup look, if for nothing other than flawless skin.



Vernon Style Team

Charlotte Heffernan
Hair to Please You

Facebook @HairToPleaseU

Brittany Martiniuk
Brittany Martiniuk Makeup Artistry

OkanaganMakeupArtistry.ca



Hair & Makeup

Makeup looks about 30% less on camera so it may feel a bit outside of your comfort zone when you look in the bathroom mirror after having your makeup professionally done, but it will look perfect in your final photos.

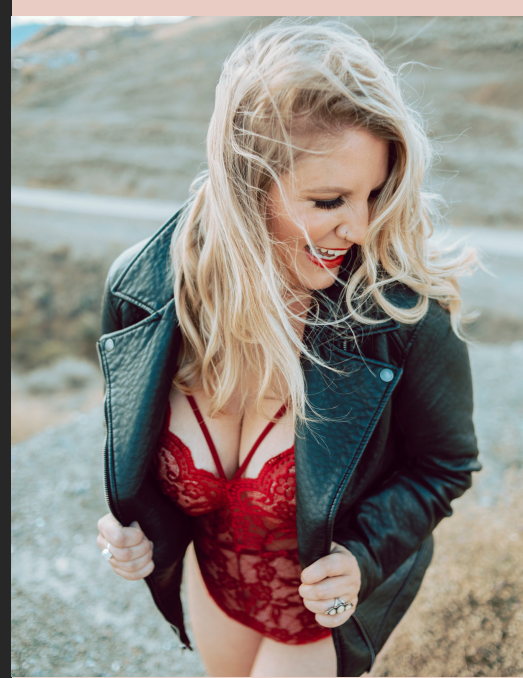
If you're not going to get your hair done, please just make sure that it is clean and VERY dry for your session.

I always suggest my clients get their hair done because, just like makeup, it has a huge impact on your confidence.

It's also nice to get spoiled once in awhile!

I KNOW you can do your own hair and makeup but take it as an opportunity to get pampered. It's all part of the experience and you deserve experiences like these.

Getting your hair professionally done also gives you a chance to try something new! Wearing your hair down is best, which allows us to play with it and move it during the session.





Trust me!

I am going to make you look your BEST!

Boudoir is all about the angles and lighting. I have done thousands of these sessions and with that comes the experience to work with every body shape, colour, age, disability, etc.

I've got you.

If you're feeling nervous about your outfit choices, bring them all and we will work through your choices before we start.

If you want to, send me a photo of your choices and we can talk through it. I am here for whatever you need.

I am so excited to be on this journey with you!

